



School Information:

May 11th – No School
 May 14th – Happy Mother's Day
 May 28th – Graduation
 May 30th – 8th Grade Graduation
 May 29th – Memorial Day - No School



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

Tuesday

Wednesday

Thursday

Friday

Hamburger Gravy over Mashed Potatoes Salad Veggie Fruit / Milk 1	Chicken Stir Fry w/ Rice Salad Veggie Fruit Milk 2	Spaghetti w/ Garlic Bread Veggie Fruit Fruit / Milk 3	Scalloped Potatoes w/ Ham Salad Veggie Fruit / Milk 4	Tacos Salad Veggie Fruit Milk 5
Tater Tot Casserole Salad Veggie Fruit Milk 8	BBQ Pulled Pork Salad Veggie Fruit Milk 9	Chicken Noodle Soup Salad Veggie Fruit Milk 10	No School 11	Nachos Salad Veggie Fruit Milk 12
Biscuits & Gravy Salad Veggie Fruit Milk 15	Quesadillas Salad Veggie Fruit Milk 16	Fish Sticks Salad Veggie Fruit Milk 17	Corn Dogs Salad Veggie Fruit Milk 18	Grilled Chicken Sandwich Salad Veggie Fruit / Milk 19
Pizza Bake Salad Veggie Fruit Milk 22	Chili & Cinnamon Roll Salad Veggie Fruit Milk 23	Breakfast Burrito, Hashbrown, & Sausage Salad Veggie Fruit / Milk 24	Turkey Gravy over Mashed Potatoes Salad Veggie Fruit / Milk 25	Sloppy Joes Salad Veggie Fruit Milk 26
No School 29	Creamed Chicken over Rice Salad Veggie Fruit / Milk 30	Uncrustables Salad Veggie Fruit Milk 31		